



Disability Related Awareness Dates

JANUARY

January is Awareness Month For:

- Co-dependency Awareness Month - (U.S.)
 - Glaucoma Awareness Month - (U.S.)
 - Weight Loss Awareness Month
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Awareness Days in January:

- January 4 - World Braille Day - International
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FEBRUARY

February is Awareness Month For:

- Boost-Your-Self-Esteem Month - (U.S.)
 - Heart & Stroke Month - (U.S.) - Heart and Stroke Foundation
 - Human Relations Month
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Awareness Days in February:

- February 2 - Rheumatoid Arthritis Awareness Day
 - February 4 - World Cancer Day
 - February 12 - International Day of Women's Health
 - February 20 - World Day of Social Justice (Recognized by the UN)
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Awareness Weeks in February:

- 1st Wk - Eating Disorder Awareness Week; National; National Eating Disorder Information Center
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MARCH

March is Awareness Month For:

- American Red Cross Month - (U.S.)
 - Cerebral Palsy Awareness Month - (U.S.)
 - Colorectal Cancer Awareness Month
 - Intellectual Disabilities Month
 - Endometriosis Awareness Month
 - Help Fight Liver Disease Month
 - National Problem Gambling Awareness Month
 - Nutrition Month - (U.S.)
 - Self-Injury Awareness Month - (U.S.)
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Awareness Days in March:

- March 1 - Self-Injury Awareness Day
 - March 12 - World Glaucoma Day
 - March 21 - World Down Syndrome Day
 - March 25 - U.S. National Cerebral Palsy Awareness day
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Awareness Weeks in March:

- 1st Wk - World Glaucoma Awareness Week - World Glaucoma Week
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APRIL

April is Awareness Month For:

- Alcohol Awareness Month
 - American Cancer Society Month - (U.S.)
 - Autism awareness Month - (Canada & U.S.)
 - Child Abuse Prevention Month - (U.S.)
 - Community Service Month
 - Irritable Bowel Syndrome (IBS) Awareness Month
 - Oral Health Month - (U.S.)
 - Parkinson's Disease Awareness Month
 - Sexual Assault Awareness Month
 - Sexually Transmitted Disease (STD) Awareness Month
 - Stress Awareness Month
 - Volunteer Appreciation Month
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Awareness Days in April:

- April 2 - World Autism Awareness Day - (UN)
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- April 4 - Auditory Processing Disorder Awareness Day
- April 7 - World Health Day - (UN)
- April 8 - Cushing Disease/Syndrome Awareness Day
- April 9 - National Alcohol Screening Day - (NASD)
- April 10 - National Youth HIV and AIDS Awareness Day
- April 11 - Parkinson's Disease International Awareness Day.
- April 16 - National Stress Awareness Day
- April 23 - Fibrodysplasia Ossificans Progressiva (FOP) Awareness Day
- April 25 - World Meningitis Day
- April 25 - World Malaria Day - (WHO)

Awareness Weeks in April:

- April 12-18 - Oral, Head and Neck Cancer Awareness Week.
- 20- 27 - National Organ Donor Awareness Week
- 2nd Wk - World Homeopathy Awareness Week

MAY

May is Awareness Month For:

- ALS Awareness Month - (U.S.)
 - Asthma Awareness Month
 - Arthritis Month
 - Allergy/Asthma Awareness Month
 - Better Sleep Month
 - Better Speech and Hearing Month
 - Borderline Personality Disorder Awareness Month
 - Brain Tumor Awareness Month
 - Cystic fibrosis Awareness Month (Australia and U.S.)
 - Fibromyalgia Awareness
 - Foot Health Month
 - Foster Care Month - (U.S.)
 - Guide Dog Month - (U.S.)
 - Haitian Heritage Month
 - Hepatitis Awareness Month
 - High Blood Pressure Month - (U.S.)
 - Huntington's Disease Awareness Month - (U.S.)
 - Lupus Awareness Month
 - Lyme Disease Awareness Month
 - Mental Health Month
 - Mobility Awareness Month
 - Older Americans Month - (U.S.)
 - Physical Fitness and Sports Month
 - Stroke Awareness Month - (U.S.)
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Awareness Days in May:

- May 5 - National Childhood Stroke Awareness Day
 - May 5 - World Asthma Day
 - May 7 - National Children's Mental Health Awareness Day
 - May 6 - International Awareness Day for Osteogenesis Imperfecta (Brittle Bones)
 - May 7 - Bladder Cancer Awareness Day
 - May 8 - World Ovarian Cancer Awareness Day
 - May 10 - World Lupus Day
 - May 14 - Childhood Speech Apraxia Awareness Day
 - May 18 - International AIDS Vaccine Day
 - May 19 - World Hepatitis Day
 - May 19 - Schizencephaly Awareness Day
 - May 20 - World Autoimmune Arthritis Day
 - May 21 - Global Accessibility Awareness Day
 - May 25 - World Thyroid Day (WTD)
 - May 27 - World Multiple Sclerosis (MS) Awareness Day.
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Awareness Weeks in May:

- 1st Tuesday of May - World Asthma Day
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JUNE

June is Awareness Month For:

- Antiphospholipid Antibody Syndrome (APS) Awareness Month
 - Hemiplegic Migraine Awareness Month
 - LGBT Pride Month
 - Men's Health Month
 - PTSD Awareness Month
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Awareness Days in June:

- June 1 - World Hypoparathyroidism Awareness
 - June 5 - National HIV/AIDS Long-Term Survivors Awareness Day
 - June 6 - Hunger Day
 - June 7 - National Cancer Survivors Day
 - June 8 - World Brain Tumor Day
 - June 11 - Neuropathy Action Awareness Day
 - June 14 - World Blood Donor Day - (UN)
 - June 15 - World Elder Abuse Awareness Day (WEAAD)
 - June 18 - Autistic Pride Day
 - June 21 - Global day of recognition of ALS/MND
 - June 23 - Dravet Syndrome Awareness Day.
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- June 25 - World Vitiligo Awareness Day
- June 27 - U.S. National Post Traumatic Stress Disorder (PTSD) Day
- June 29 - World Scleroderma Awareness Day
- June 30 - Arthrogryposis Awareness Day

JULY

July is Awareness Month For:

- National Cleft & Craniofacial Awareness & Prevention Month (NCCAPM)
- Sarcoma Awareness Month - (U.S.)

Awareness Days in July:

- July 16 - Disability (ADA) Awareness Day
- July 17 - World Day for International Justice
- July 18 - Nelson Mandela International Day
- July 21 - National Farm Safety Awareness Day
- July 22 - Fragile X Awareness Day (FXS)
- July 24 - National Seasonal Affective Disorder (SAD) Day
- July 28 - World Hepatitis Day
- July 30 - Gastroschisis Awareness Day

AUGUST

August is Awareness Month For:

- Cataract Awareness Month
- Children's Eye Health and Safety Month
- Children's Vision and Learning Month
- Digestive Tract Paralysis (DTP) Month
- Don't be a Bully Month
- Immunization Awareness Month
- Never Leave a Child Unattended in a Car, Purple Ribbon Month
- Spinal Muscular Atrophy Awareness Month
- Stevens-Johnson Syndrome (SJS)

Awareness Days in August:

- August 19 - World Humanitarian Day
 - August 21 - National Senior Citizens Day
 - August 31 - International Overdose Awareness Day
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SEPTEMBER

September is Awareness Month For:

- Alopecia Awareness Month - (U.S.)
 - Childhood Cancer Awareness Month - (U.S.)
 - Childhood Obesity Awareness Month - (U.S.)
 - Cholesterol Awareness Month - (U.S.)
 - Emergency Care Month
 - Gynecological Cancer Awareness Month - (U.S.)
 - Lymphoma Awareness Month
 - National Guide Dog Month - (U.S.)
 - National Recovery Month - (U.S.)
 - Ovarian Cancer Awareness Month - (U.S.)
 - Pain Awareness Month
 - Prostate Awareness Month
 - National Alcohol and Drug Addiction Recovery Month - (U.S.)
 - Sight Saving Month - (U.S.)
 - Suicide Prevention Month - (U.S.)
 - Spinal Cord Injury Awareness Month - (U.S.)
 - Thyroid Cancer Awareness Month
 - Tumor Awareness Month - (U.S.)
 - World Alzheimer's Disease Month
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Awareness Days in September:

- September 4 - World Cerebral Palsy Day (List of Famous People with Cerebral Palsy)
 - September 9 - International Fetal Alcohol Spectrum Disorder Awareness Day (FASD) (Fetal Alcohol Spectrum Disorder in Children)
 - September 10 - World Suicide Prevention Day
 - September 13 - Celiac Disease Awareness Day - List of Gluten Free Food and Drink Products
 - September 15 - World Lymphoma Awareness Day - Hodgkin's Lymphoma
 - September 18 - National HIV/AIDS and Aging Awareness Day
 - September 19 - Usher Syndrome Awareness Day (Global)
 - September 21 - World Alzheimer's Day
 - September 25 - International Ataxia Awareness Day
 - September 26 - Mesothelioma Awareness Day
 - September 29 - World Heart Day
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OCTOBER

October is Awareness Month For:

- AIDS Awareness Month - (U.S.)
 - Breast Cancer Awareness Month
 - Bullying Prevention Month - (U.S.)
 - Breast Cancer Awareness Month - (U.S.)
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- Collegiate Alcohol Awareness Month - (U.S.)
- Colon Cancer Awareness Month
- Dental Hygiene Month - (U.S.)
- Depression Education and Awareness Month - (U.S.)
- Disability Employment Awareness Month
- Domestic Violence Awareness Month
- Down Syndrome Awareness Month - (U.S.)
- Emotional Intelligence Awareness Month - (www.e-ii.org)
- Hunger Awareness Month
- Infant Loss & Miscarriage Awareness Month - (U.S.)
- Lupus Awareness Month
- Pregnancy and Infant Loss Awareness Month - (U.S.)
- Rett Syndrome Awareness Month
- Selective Mutism Awareness Month
- Spina bifida awareness month

OCTOBER

Awareness Days in October:

- October 1 - International Day of Older Persons - (UN)
- October 2 - World Cerebral Palsy Day
- October 5 - World Day of Bullying Prevention
- October 7 - International Trigeminal Neuralgia Awareness Day
- October 7 - World Cerebral Palsy Awareness Day
- October 8 - World Humanitarian Action Day
- October 10 - World Hospice and Palliative Care Day
- October 10 - World Mental Health Day
- October 13 - Metastatic Breast Cancer Awareness Day
- October 15 - World Blind Day / World Sight Day
- October 15 - Blind Americans Equality Day
- October 20 - World Osteoporosis Day
- October 21 - Breast Reconstruction Awareness (BRA) Day
- October 22 - International Stuttering Awareness Day
- October 25 - Spina Bifida Awareness Day
- October 29 - World Stroke Day

NOVEMBER

November is Awareness Month For:

- Adoption Awareness Month - (U.S.)
 - COPD Awareness Month
 - Pancreatic Cancer Awareness Month
 - Alzheimer's Awareness Month
 - Dercum's Disease (Adiposis Dolorosa) Awareness month
 - Diabetes Awareness Month
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- Epilepsy Month
- Good Nutrition Month
- Hospice Month
- Lung Cancer Awareness Month
- Prostate Cancer / Men's Health Awareness month
- Red Ribbon Month (Anti-drunk-driving)
- RSD/CRPS Awareness Month

Awareness Days in November:

- November 1 - Lennox-Gastaut Syndrome Awareness Day
- November 4 - National Stress Awareness Day (NSAD) (U.K.)
- November 8 - Aicardi Syndrome Awareness Day
- November 10 - World Immunization Day
- November 12 - World Pneumonia Day
- November 13 - World Pancreatic Cancer Day
- November 14 - World Diabetes Day - (UN)
- November 18 - World COPD Day
- November 19 - International Men's Day (IMD)
- November 20 - Universal Children's Day - (UN)
- November 25 - International Day for the Elimination of Violence against Women - (UN)
- November 30 - Self Harm Awareness Day

DECEMBER

December is Awareness Month For:

- AIDS Awareness Month

Awareness Days in December:

- December 1 - World Aids Day - (UN)
 - December 2 - International Day for the Abolition of Slavery
 - December 3 - International Day of Persons with Disabilities - (UN)
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